

# Attention All Parents!

You are invited to have your child participate in a University of Wisconsin research study titled  
**Assessing the Onset, Impact and Outcomes of Acute Ankle Injuries in Adolescent Athletes**



- 1. Purpose:** The primary aim is to describe changes in the quality of life, ankle function and activity level following acute ankle injury (through 12 months) in a group of adolescent athletes.
- 2. Who are the subjects for this study?** Potential subjects include all male and female basketball, football, soccer and volleyball players (grades 9-12). Athletes from 20 Wisconsin high schools are being asked to take part in the study.
- 3. When will the study take place?** During the 2014-15 school years
- 4. How will the study work?** Early in the season, each player will need to complete a short survey that asks questions about which team they are on, year in school, ankle injuries they have had, their use of ankle braces, as well as questions about their general health, ankle function and activity level. Your athletic trainer will let the UW-Madison research staff know if a player has an ankle injury while playing their sports. The UW-Madison staff will contact each injured player and ask them to complete a series of surveys periodically for one year following their ankle injury. In addition, if you don't have an ankle injury, there is a slight possibility (7% chance) that you may be asked to complete the same series of surveys to see how athletes without an ankle injury answer the same questions.
- 5. Is the study voluntary?** Yes.
- 6. Will participating affect my child on their team or medical care provided following an injury?** No. Your school has agreed that taking part or not taking part in the study will not affect your child's team status, roster spot or playing time. In addition, it will not interfere with the standard care that is given to you by your athletic trainer.
- 7. How does my child sign-up?** Each player who agrees to take part will be required to sign UW-Madison research consent form to take part in the study. Their parent / guardian will also be required to sign the form if they are under age 18.
- 8. Questions or need more information?** Contact your athletic trainer or the study investigator:

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